

Katandra Weekly

NO 34 – 30/10/13



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FROM THE PRINCIPAL'S DESK



STATE ATHLETICS

Congratulations to our athletes who competed in Melbourne on Monday. It is no small effort for a school this size to be able to send down four competitors,

Results from the day were:

Rhys Damon – 7th in 100 m.

Relay Team – Noah, Lachlan, Rhys & Mitchell – 14th.

Thank you also to the parents who took the students down. Your support was very much appreciated.

PREP EXTENDED DAY & 1/2 SLEEPOVER

Just to clarify the cost of this activity. Last year the school was able to allocate the last of the drought funds to cover the cost of this. This year the cost will go towards a special activity for the students and the cost of meals. Thank you to those who have already volunteered to help out as it is very much appreciated.

We will be using the Computer Room as sleeping accommodation where the girls will have one side and the boys the other side of the room.

3/4 CAMP TO SOVEREIGN HILL

Thank you to all who have returned their reply slip and deposit for the camp. We are still looking for some parents to join us on this camp. If you are interested please let us know.

LATENESS TO SCHOOL

Just a reminder that instruction time starts at 9.00am. When children arrive late it can disrupt the program. Also if a child is even 10 minutes late per day, by the end of the school year the total amount of learning time lost adds up to an entire school week!



THANK YOU

A big thank you goes to Parents and Friends who have funded both the new sand pit toys and the book bags for all students in the school. They are also subsidising the cost of our swimming program next year to offset the cost of rising prices!

They are able to do this because of the fundraising activities they run throughout the year. Their next major fundraiser is the Bunning Barbeque on Saturday 31st November. If you are able to spare a few hours, and have not yet returned your reply slip, please do so.

They are also looking for support with the Christmas Raffle. Please see details later in this newsletter.

Angela Buxton

Principal

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IMPORTANT DATES

	NOVEMBER		NOVEMBER
Fri 1st	T20 Blast at Nathalia	Wed 20th to Fri 22nd	3 / 4 Ballarat Camp
Mon 4th	Student Free Day	Mon 27th	School Council Meeting – 7.30 pm
Tues 5th	Melbourne Cup Holiday	Thurs 28th	Report Writing Day – Pupil Free
Thurs 7th	Prep Extended Day Grade 1/2 Sleepover	Fri 29th	Parents & Friends Lunch
Mon 11th	P & F Meeting – 9.15 a.m.	Sat 30th	Bunnings BBQ – helpers required
Thurs 14th	Yachting – Year 5 & 6		

REMEMBRANCE DAY 11th November, 2013

We are selling poppy badges to remember the sacrifice of those who have died for Australia in wars and conflicts. Poppy badges are \$1.00 each.



STUDENTS OF THE WEEK



Back Row: Jade, Ned and Helena
Front Row: Will and Lilly

PEN LICENCES



Back Row: Clayton and Declan
Front Row: Bailey and Ethan

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What's involved in making decisions

The key skills for decision making are: identifying when a decision needs to be made, thinking of possible options, evaluating the options, and choosing strategies for making the decision and reviewing how it works. A simple situation such as deciding what to have for breakfast can demonstrate these skills in action.

1. Identify decision	
<ul style="list-style-type: none"> What to have for breakfast 	Choice may be based on: <ul style="list-style-type: none"> What do I feel like? What looks good? What's healthy?
2. Think of options	
<ul style="list-style-type: none"> Cereal – sweetened, processed or natural, unsweetened Toast – with jam or vegemite Fruit – fresh or cooked in syrup Milk – plain or flavoured ...etc. 	Options may be limited by: <ul style="list-style-type: none"> What's available What child is used to What they are willing to try Choices parent or carer allows
3. Evaluate options	

ons for your decisions
ing a choice between
options can be
ng children's choices,
; not a good idea to
right now because
be going home
play a quick card
side and play ball."

Sweetened cereal is better but is not so healthy. You want them to use as they become more able to make decisions for themselves, for example: "I know you would like to go out with your friend. But we agreed that we would see your cousins today and they are looking forward to it. They would be very disappointed if you didn't arrive."

olve problems

They are more likely to respond at a simple level to preferences such as taste or the way the food looks. Parents and carers can guide children's decision-making by limiting the choices they make available. They can also explain the values that guide their decisions – for example, a parent or carer could say, "Let's buy this

Making the reas
clear and provid
two acceptable
helpful for guidi
for example: "It's
start that game.
your friend will t
soon. You could
game or go out

Consider the relevance of things like: <ul style="list-style-type: none"> Pleasure (taste) What's quick and easy What's healthiest
Reflections
How good was your decision? <ul style="list-style-type: none"> Did you enjoy breakfast? Did you achieve goals (e.g., for being quick, for healthy eating, etc.)? How will you decide next time?

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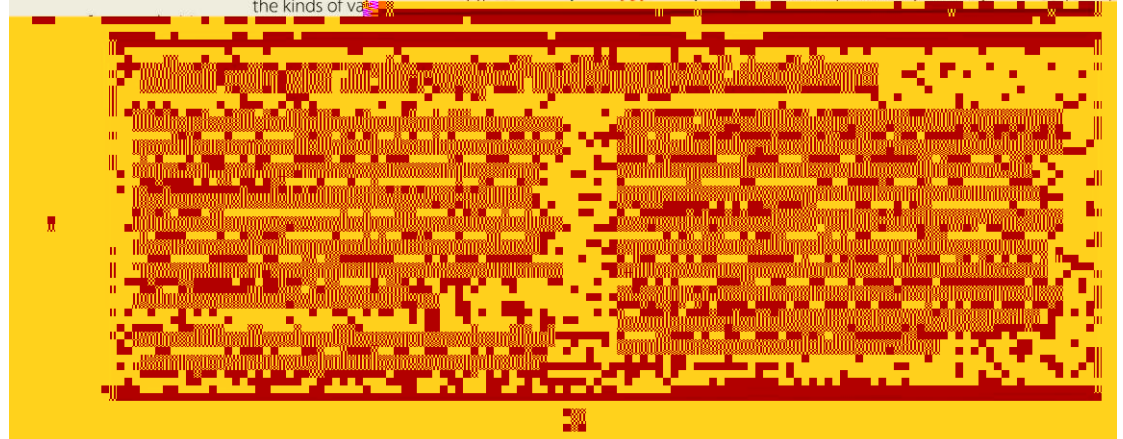
Sweetened cereal is better but is not so healthy. <ul style="list-style-type: none"> Plain milk is healthier but child doesn't like the taste
4. Choose a strategy, try it and check how it works
For example: <ul style="list-style-type: none"> Try and compare taste Choose what's quickest ...or Compare listed ingredients for nutritional value

cause it has lots of healthy
t."

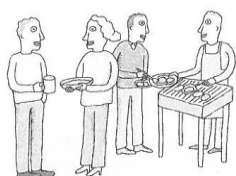
By explaining the reasons for your decisions you help children learn the kinds of values

Younger children are unlikely to think through a decision about something like breakfast options very carefully.

cereal bec
things in i



The Parents & Friends committee would like to thank all of the parents on the roster below for volunteering their time to help raise money for the students of KWPS. 😊



Bunnings BBQ Roster

It's not too late! If you can give 2 hours of your time we would love you to help out, as we all know *many hands make light work.*

	8am – 10am	10am – 12noon	12noon – 2pm	2pm -4pm
P&F Representative	Emma Walters	Jo Harry	Bronwyn Howells	Jayne Loveridge
Parent Volunteers	Karen/ Gary Hosie	Dianne Fitzpatrick	Jo Ash	Jacquie Simpson
	Michelle McClusky	Trudie Smith	Raelene Wilson	Clare Walsh
	Angela Buxton	Greg Barr	David & Trinette Bacon	Lynette Maples
	Mick Clurey	Rick Dunham		

BUNNINGS BBQ: SATURDAY NOVEMBER 30th



We need your donations for the Christmas Raffle !!!!!

Any sized monetary donation would be appreciated. Any vouchers for Goods and Services would also be appreciated. Please drop your donation at the school office this week. Any queries call Jayne 0427279935

SOLAR BOAT CHALLENGE AT SCIENCEWORKS



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