



Katandra Weekly

NO 19 – 18/06/14



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FROM THE

PRINCIPAL'S DESK



CROSS COUNTRY

Good luck to our students who are competing in the Hume Region Cross Country competition at Broadford today.



Brylee, Lily, Sophie and Blake.

OUT OF UNIFORM DAY

Next Friday, the last day of term, will be an Out Of Uniform Day. Please send your child/ren with a gold coin donation. Money will be sent to State School Relief (SSR), an organization that supports students with uniforms and other school equipment to counteract cases of hardship. Every year, all state schools in Victoria are encouraged to hold an out of uniform day to support SSR.

END OF SEMESTER REPORTS

Over the past few days I have been busy reading the reports that staff have written for each student. It has been great to see how much improvement students have made and I encourage them to keep giving their work a 'red, hot

go'. Teachers spend a lot of time preparing these reports and I suggest you find some time over the holidays to help your child/ren reflect on their learning, the great things they have achieved and the areas in which they may need to continue to persist.

Towards the end of next term, there will be the opportunity to meet more formally with staff again for Parent/Teacher Interviews. However, if you would like to discuss any aspect of your child's progress before then, please contact the Office to arrange an appointment.

As the Zoo trip for P-Yr3 is next Wednesday, the reports (and newsletter) will be sent home on Thursday 26th June.



TRAFFIC MANAGEMENT AND SAFETY

Please remember to follow the following procedures to ensure the safety of all members of our school community:

Please use the designated car parks at the front of the school for drop offs and pick-ups. Please **do not** park across the road as it is dangerous for the children to be crossing to the other side of Bankin Street during peak drop off and pick up times.

Children walking to and from school must use the pedestrian crossing and in the afternoons wait for the teacher on crossing duty to take them

The Staff Carpark is out of bounds for all students. If students are walking to and from home they must not exit through this area. Students will need to leave via the front gate.

At Katandra West – WE'RE GOOD SPORTS

DATES TO REMEMBER

	JUNE		JULY
Thurs 19 th	Parents & Friends Lunch	Mon 14 th	Term 3 commences
Wed 25 th	Zoo excursion for P/1/2/3 children	Wed 16 th	Cluster Day – Katandra West
Thurs 26 th	Newsletter and reports sent home		
Fri 27 th	End of Term 2 dismissal – 2.15pm Out Of Uniform Day		

PREP/1/2/3 ZOO EXCURSION – WEDNESDAY 25th JUNE:

It's only 1 week till we go to the zoo!

There are still some children who have not indicated that they will be attending, could forms be returned with \$20.00 for those who have paid Parent Payment and \$38.00 for those who have not paid Parent Payment.



Departure time: Students need to be at school by **7.15 am for a 7.30 am departure**

What to Bring:

Lunch, snacks, drink bottle and rain coat (just in case!) Students need to be in full school uniform. Please **DO NOT** send spending money with your child/ren.

Please note that students are **NOT** to bring iPods, iPads or the like. However, the bus is fitted with a DVD player, and students will be able to watch suitable 'G' rated movies.

SCHOOL COUNCIL NEWS

UNIFORM – On Monday night, School Council approved for school jackets and polo tops to be embroidered with the school logo in addition to the current transfer logo. This will allow for polar fleece jackets to have a logo where a transfer could not be applied. This can be done through The School Uniform Shop for \$10.

SIGNS – over the last few weeks many of the signs around the school have been removed. These include the signs at the basketball rings, the safety signs at the front of the school. These have now been re-ordered, but it is always disappointing to be spending money in this way. We ask that if you know anything about the missing signs, please let us know.

PARENTS AND FRIENDS

Thanks to those who donated supper items for the 'What's Happening in Your Town Event'. Tomorrow is Lunch Order day. We hope you all enjoy your hot food.

STUDENTS OF THE WEEK



CONGRATULATIONS TO JAZMYN, ZACK AND PHOENIX



MATHS IN THE KITCHEN!

As part of the Grade 2/3 Maths session last week, they made scones! The Active After School group were very grateful for the left overs as you can see!

What's Happening in Your Town?

The P/1 and 2s created a great piece about their community for display at the Community Event last Friday night. It is now on display in our Assembly space.



At Katandra West – WE'RE GOOD SPORTS

STUDENT WORK

BIKE HIKE

On Wednesday the 28th, 4/5/6T went on a bike hike, Leigh Simpson was the leader with Mrs. Johnstone and my mum, Sophie H, Tas, Michael G, Peter Simpson and Mrs. Toy were also riders. Mrs Buxton was in a backup vehicle. We went to Kialla Lakes and first we went around the three lakes. The lakes were pretty big and there was lots of ducks and birds, in fact one of the birds tried to swoop us! Next we went down two courts to the sign where it says SHARED PATH. We then went over a bridge that was at the end of the court, it was very big, and at first it was hard to get up, then it was straight and then down. You went very fast when you go down. We were making our way to KidsTown.

Over the bridge, there were these dippers, there were two of them, and I think that the first dipper was steeper than the other, but the second one was muddy. After that, we kept on going, through the bush, we rode until we came to a toilet, we stopped. Most people needed to go, after that we rode again; we went over the bridge near Aqua Moves and through the bush again.

Soon after, we saw the highway that would go to Mooroopna, and a sign saying KidsTown 300m, we followed the path to a tunnel. The tunnels were concrete with lots of graffiti on them, they also echoed when you yelled and talked. That tunnel came up and over to our destination, KidsTown. We had lunch and a play, but we had to go back, we did the same as we did on the way there. We had a stop and looked at the colours of the water, the water was the Goulburn and the Broken river where they joined, that made the different colours.

Everyone kept on going all the way back and because we had time to kill, we went around the lakes again and back to the dippers. We were allowed to go on them as many times as we pleased, I went on it about five times.

We rode back to where we started and got on the bus to go back to school, we arrived back to school at about 3.15pm, so we had a little bit of time to play. Mum took my bike home and I went on the bus and went home.

It was a fantastic day, pretty good weather, and a great adventure for my first bike hike.

Sophie Garner



Bike Hike

On Wednesday the 28th of May 2014 our class went on a bike hike it was 38km my biggest ride yet and it was the first bike hike held in Shepparton. The parents who came with us were Taz, Sophie H, Mel Batey, Ashy, Nat Garner, my Dad, Peter and Leigh, Mrs. Johnstone, Mrs. Toy and Mrs. Buxton.

First our bus dropped us off at Archer Street in Shepparton then we rode through the bush to Kialla lakes when we got there it was freezing cold and I had a skirt on. We all rode around the lake it was bigger than I thought it was. There were big beautiful houses and we were looking at the backyards and in some houses there were some dogs. We all eventually got some mud and water on our vests. I didn't see my dad because we were meant to meet him somewhere.

Next we rode to Aqua Moves and had a toilet stop because I had to go to the toilet. Finally we were back on track. We were just riding past the skate park and I spotted my dad and he started riding with us. We went past Aquamoves and on to the big bridge. We were on top of the big bridge and I looked down but it wasn't scary at all.

We got onto the bike track next to the road going to Kids town, we went under the bridge to kids town going under the bridge was fun then it was pretty steep going out the other side. When we arrived we parked our bikes and, sat under the big under cover area to have lunch. I had a pineapple ham and cheese pizza then I went up the stairs and went down the big orange slide and dad was waiting down at the bottom. After that went we off to play on the swing thing at the back.

I crossed over the crossing and sat on the swing thing then Charlie and Aaron started pushing us. We all had to touch the pole. I touched the pole twice then I had to get off and push the swing thing. I hopped on again and they started to spin it. After 30 seconds I started to feel sick and shouted, "STOP STOP" then they stopped spinning the swing thing and I got off and sat in one of the spinning cup things and spun in one and I think I spun a bit too much, I felt sick. Then dad and I crossed back over the crossing and to the other side. We climbed up to the stairs leading to the big under cover area. Suddenly Mrs. Toy called out, "Start packing up," so we started to gather up all of our things and walked out the front door of the park and put our bags in Mrs. Buxton's boot. We got our bikes and put then our lines. The leader called out "Let's go," and off we went.

We went back on the bike track and went back over the blue bridge, back past Aqua Moves and past the skate park. And went on the bike track near the bus. we and went on the dippers. I went on them about 10 times and then I went back around Kialla Lakes I had to get my jacket. We had to go the short cut and I missed out on a chocolate from Sophie's Nan. We got back and went on the dippers again. We had to ride back to the bus then we drove home when we got back I rode my bike home while mum walked Astro.

608 words

By Tiahna

Bike Hike

Wednesday 28th of May 2014, grade 4/5/6 did the bike hike around Kialla Lakes 1 2 and 3. The bike hike is part of our P.E program and we had to ride to our location and have some lunch. The riders were Taz Mizzi, Sophie H, Nat Garner, Mel Batey, Ashy, Peter and Leigh Simpson, Mrs Toy and Mrs Johnstone. For the past few years we have been riding to Invergordon but this year we did it at Kialla Lakes around the back of Aquamoves and to KidsTown. We caught the bus into Shepparton and started riding from Archer Street.

It was cold and windy when we started and the trees were waving the branches. I don't know about anyone else but I was cold so I rode with my jacket on. Everyone was riding in the bush going in the muddy puddles and getting mud all over their vests. It was really fun; it was by far the best bike hike I have ever done. We were riding normally and then I saw the big dippers. At first I didn't want to go on it but when I was about to put my brakes on I went riding at a fast speed and went through the puddle in the middle with the wind blowing in my face. It was awesome! I kept going on them until I felt sick.

As we rode through the bumpy track we stopped at the back of Aquamoves and stopped for a toilet break. When everyone had finished we rode for about 5 or 6 kilometres in the cold wind and then we got to the bridge. I couldn't ride up the steep bridge so I just carried my bike to the top. When I reached to the top I was riding down as fast as a rocket, so fast I lost control and was swerving around trying to balance myself. Eventually I was down off the bridge.

We finally arrived at KidsTown and I was wobbly like cooked noodles. I sat down and ate my homemade sausage rolls, they were fantastic. After I finished eating my lunch Chea and I went to the teenage playground and went on a big swing while Aaron and Charlie were pushing us. They were pushing us so high that we could touch the pole and to top it all off they were spinning us really fast, it was like being on a roller-coaster. I eventually felt sick so I went off and was walking back up the stairs. Chea, Jessie and I were climbing up the stairs and then we went on the big slide. Mrs Buxton took a photo of us on a log.

After all of that excitement we were off riding home, I was going great until the last 5 minutes. I felt really sick and was starting to regret going on that big swing just after eating my lunch. I survived and was better once we got on the bus again. When we got to school I realized that we rode about 35-40 kilometres and then to top a fantastic day I rode home with my thighs aching with pain.

By Ebony Corbo

534 words



COMMUNITY NEWS

Aspect Positive
Behaviour Support



Positive Behaviour Support Workshop

For Parents and Carers of Children and Young Adults with Autism Spectrum Disorder

(see eligibility criteria below)

Aspect Victoria is pleased to offer our highly successful, contemporary, evidence-based three (3) day Autism specific Positive Behaviour Support Workshop in the Eastern Region of Victoria.

More than 1200 families have participated in Aspect's Positive Behaviour Support workshops across Australia. Post workshop evaluations showed an effectiveness of the workshops, with participants reporting decreases in challenging behaviours and increases in confidence and capacity to support their children and young adults.

Where:	North Shepparton Community & Learning Centre 10-14 Parkside Drive, Shepparton VIC 3630
When:	Monday 18 th , Tuesday 19 th & Wednesday 20 th August, 2014
Time:	9:30am-2:30pm (9:15am for Registration)
Cost:	FREE (Tea, coffee & biscuits provided ~ participants to bring own lunch)
Registration:	Register online at http://www.autismspectrum.org.au/content/events-and-workshops You may search for this specific workshop location by entering the location into the 'Search Keyword' field

Eligibility to participate in this Workshop:

- » Parents or carers of children and young adults aged between 6 - 25 years, diagnosed with an Autism Spectrum Disorder (ASD)
- » The individual with ASD must be living at home
- » Participating families are encouraged to invite professionals or service providers working with them to attend the workshop

Families participating in this workshop will:

- » Develop an understanding of autism and how an ASD impacts upon learning and behaviour
- » Learn how to be proactive by creating an autism friendly environment at home
- » Learn how to write an autism specific behaviour support plan for one of their child's behaviours
- » Learn how to write a plan to respond confidently when challenging behaviour occurs
- » Learn how to teach new skills to promote their child's independence and quality of life

Enquiries:

Contact Amber Day – Workshop Administrator or Heather Kirkhope - Service Coordinator
Phone: 03 9377 8600 or email: aday@autismspectrum.org.au

What participants say about Aspect Positive Behaviour Support Workshops:

"Brilliant information and concrete strategies to use, thank you. I have learnt very important self-reflection, being able to step back and really look at and examine behaviour, so valuable. I really value the focus on being positive and improving my child's, my own and my family's quality of life. Great workshop – I will highly recommend it to others."

"Fantastic presentation. Very interactive, affirming & capacity building. Ideas not just discussed but taught how to follow through on."
"Best information session on Autism I have been to. So much clarity about getting to the core behaviour, unpeeling the onion. Enjoyed all the visuals. Thank you so much."